

SALTY
SISTAS

EST 2018

BREAKFAST

THANK YOU
FOR
SUPPORTING
LOCAL

RESTAURANT

OMELETS

EGG AND CHEESE OMELET	7.99
<i>3 eggs with cheddar cheese, toast and choice of cheesy grits or home fries</i>	
VEGGIE OMELET	9.99
<i>3 eggs, spinach, onion, peppers, mushrooms and cheddar cheese. and choice of cheesy grits or home fries</i>	
MEAT LOVERS	12.99
<i>3 eggs loaded with bacon, sausage and ham. and choice of cheesy grits or home fries</i>	
KITCHEN SINK	13.99
<i>3 eggs with onion, peppers, mushrooms, bacon, ham, sausage and cheddar cheese. and choice of cheesy grits or home fries</i>	

EGGS BENEDICT

TRADITIONAL EGG BENEDICT	7.99
LOBSTER BENEDICT	30.00
SHRIMP BENEDICT	13.99
<i>All served over an english muffin with poached eggs, hollandaise sauce and choice of home fries or cheesy grits.</i>	

SCRAMBLER BOWLS

EGG AND CHEESE BOWL	6.99
VEGGIE EGG BOWL	8.99
<i>3 eggs, spinach, onion, peppers, mushrooms and cheddar cheese.</i>	
MEAT LOVERS BOWL	11.99
<i>3 eggs loaded with bacon, sausage, ham and cheese.</i>	
KITCHEN SINK OMELET	12.99
<i>3 eggs with onion, peppers, mushrooms, bacon, ham, sausage and cheddar cheese.</i>	

DRINKS

ORANGE JUICE	3.00
COFFEE/TEA	2.50

PANCAKES AND WAFFLES

3 PANCAKES	4.99
3 PANCAKES WITH SAUSAGE OR BACON	6.99
3 PANCAKES, 2 EGGS, SAUSAGE OR BACON AND HOME FRIES OR GRITS	9.99
BELGIUM WAFFLE STICKS	5.99
BELGIUM WAFFLE STICKS WITH FRESH FRUIT	7.99

FRENCH TOAST

FRENCH TOAST	7.99
<i>3 slices of Challah bread sprinkled with powdered sugar</i>	
FRENCH TOAST PLATTER	11.99
<i>3 slices of Challah bread, sprinkled with powdered sugar, with choice of bacon or sausage</i>	
ULTIMATE FRENCH TOAST	12.99
<i>3 slices of Challah bread, sprinkled with powdered sugar, with choice of bacon or sausage, 2 eggs your way.</i>	

BISCUITS/BURRITO

EGG AND CHEESE BISCUIT	3.00
BACON EGG CHEESE BISCUIT	4.00
SAUSAGE EGG CHEESE BISCUIT	4.00
SAUSAGE GRAVY BISCUITS	7.50
LOADED BURRITO	8.99
<i>A large flour tortilla with 3 scrambled eggs, bacon, onion, peppers, cheddar cheese, home fries and salsa.</i>	

ADD ONS

BACON	2.00
SAUSAGE	2.00
HOME FRIES	3.00
CHEESY GRITS	3.00
TOAST/ENGLISH MUFFIN/BISCUIT	1.00
FRESH FRUIT	3.00

KIDS MENU

SAUSAGE AND BISCUIT	6.50
FRENCH TOAST WITH BACON OR SAUSAGE	4.99
PANCAKES WITH BACON OR SAUSAGE	4.99
2 EGGS WITH BACON OR SAUSAGE WITH TOAST	3.99
BELGIUM WAFFLE STICKS	4.99



SALTY
SISTAS

EST 2018

LUNCH

RESTAURANT

THANK YOU
FOR
SUPPORTING
LOCAL

APPETIZERS

PHILLY FRIES	14.00
<i>Shaved ribeye, peppers and onions topped with queso cheese on fries</i>	
POUTINE	9.99
<i>Fries, brown gravy or queso cheese and cheese curds</i>	
PIEROGIS	8.99
<i>Deep Fried Potato and Cheese</i>	
CHEESE CURDS	9.99
<i>Lightly breaded and fried Wisconsin Cheese</i>	
TUNA POKE BOWL	14.99
<i>Sashimi grade ahi tuna on a bed of seaweed salad, house made asian dressing, topped with a mango lime aioli and toasted sesame seeds</i>	



MAIN COURSE

BANG BANG SHRIMP TACOS	14.50
<i>Fried or grilled shrimp, topped with chili lime slaw and crema</i>	
SALTY SISTAS BURGER	14.00
<i>Blend of short rib, chuck and brisket on a toasted roll with lettuce, tomato and red onion.</i>	
CHICKEN TENDERS	10.99
<i>Hand breaded chicken fried to perfection</i>	
FRIED PORK SANDWICH	10.99
<i>Hand Breaded pork on a roll with southern slaw and dill pickles</i>	
FRIED OR GRILLED SHRIMP BASKET	13.99

MAIN COURSE

JR. OR SR. LOBSTER ROLL	18.99
<i>Toasted NE bun, cold Maine lobster, OR mayoon inside of bun, topped with warm butter, served with slaw</i>	
LOBSTER GRILLED CHEESE	28.99
<i>1/4 pound of lobster on sourdough with american and cheddar cheese</i>	
FISH N CHIPS	14.99
<i>2 large pieces of fried cod with fries</i>	
OPEN FACE ROAST BEEF SANDWICH	14.99
<i>Housemade ciabatta roll topped with red skin mashed potatoes, smothered with slow roasted roast beef in our housemade brown gravy</i>	
SOUP AND GRILLED CHEESE SANDWICH	9.99
<i>Soup of the day with our grilled cheese</i>	
PHILLY CHEESESTEAK	14.00
<i>Shaved ribeye, cheese whiz, american cheese, peppers and onions on a philly roll</i>	

SALADS

HOUSE SALAD	9.99
<i>Romaine lettuce, tomato, onion, cucumbers, croutons served with our house dressing. Add Chicken 13.99</i>	
GREEK SALAD	9.99
<i>Housemade rosemary dressing, romaine lettuce, cucumbers, tomato, red onion, sliced almonds, pepprtoncini and feta cheese Add chicken 13.99</i>	
CAESAR SALAD	9.99
<i>House made dressing, romaine lettuce, parmesan cheese and croutons Add chicken 13.99</i>	

KIDS MENU

GRILLED CHEESE	6.99
CHICKEN FINGERS	7.99
PASTA WITH MARINARA	6.99
FRIED OR GRILLED SHRIMP	6.99

SIDES

ALL ENTREES AND KIDS
MEALS COME WITH FRIES
OR HOUSE MADE CHIPS

ADD ON SIDES

BROCCOLI	2.00
MAC N CHEESE	2.00
MASHED POTATO	2.00
SIDE SALAD	2.00
SIDE GREEK SALAD	4.00

SALTY
SISTAS

EST 2018

DINNER

THANK YOU
FOR
SUPPORTING
LOCAL

RESTAURANT

APPETIZERS

PHILLY FRIES	14.00
<i>Shaved ribeye, peppers and onions topped with queso cheese on fries</i>	
POUTINE	9.99
<i>Fries, brown gravy, onions, mushrooms and cheese curds</i>	
PIEROGIS	8.99
<i>Deep Fried Potato and Cheese</i>	
CHEESE CURDS	9.99
<i>Lightly breaded and fried Wisconsin Cheese</i>	
CRAB DIP	9.99
<i>Creamy and cheesy warm crab served with Pita chips</i>	
GROUPER DIP	9.99
<i>Chilled Lemon Dill Grouper served with Pita Chips</i>	

APPETIZERS

TUNA POKE BOWL	14.99
<i>Sashimi grade ahi tuna on a bed of seaweed salad, house made asian dressing, topped with a mango lime aioli and toasted sesame seeds</i>	

MAIN COURSE

COLD WATER SALMON	24.99
<i>Beautifully seasoned and grilled cold water salmon served with root vegetables</i>	
MAHI	22.00
<i>Seasoned and grilled Mahi served with root vegetables</i>	

MAIN COURSE

BANG BANG SHRIMP	14.50
TACOS	
<i>Fried or grilled shrimp, topped with chili lime slaw and crema</i>	
SALTY SISTAS BURGER	14.00
<i>Blend of short rib, chuck and brisket on a toasted roll with lettuce, tomato and red onion.</i>	
CHICKEN TENDERS	10.99
<i>Hand breaded chicken fried to perfection</i>	
BUFFALO MAC N CHEESE	14.99
<i>Fried chicken smothered in hot sauce, over our hand made mac n cheesedizzled with ranch</i>	
FRIED OR GRILLED SHRIMP BASKET	13.99

MAIN COURSE

JR. OR SR. LOBSTER ROLL	18.99
<i>Toasted NE bun, cold Maine lobster, mayoon inside of bun, topped with warm butter, served with slaw</i>	
LOBSTER GRILLED CHEESE	28.99
<i>1/4 pound of lobster on sourdough with american and cheddar cheese</i>	
FISH N CHIPS	14.99
<i>2 large pieces of fried cod with fries</i>	
OPEN FACE ROAST BEEF SANDWICH	14.99
<i>House made ciabatta roll topped with red skin mashed potatoes, smothered with slow roasted roast beef and onions in our housemade brown gravy</i>	
PHILLY CHEESESTEAK	14.00
<i>Shaved ribeye, cheese whiz, american cheese, peppers and onions on a philly roll</i>	
CAB Bone-in Ribeye Steak 12 oz	29.99
<i>Served with mashed potato and broccoli</i>	
NY STRIP STEAK	23.99
<i>Served with mashed potato and broccoli</i>	

MAIN COURSE

THE PIMENTO CHOP	17.99
<i>2 tender pork cutlets pan fried. Served over a bed of rice grits and topped with pimento cheese and fire roasted tomatoes</i>	
BEEF SKEWERS	18.99
<i>Tender beef tip skewers seasoned with our spicy cowboy rub or garlic and herb rub and served over our black truffle parmesan aioli and served with potato sidewinders and steamed broccoli.</i>	
BONELESS PORK RIBS	17.99
<i>Full rack, marinated with our cowboy rub, seared with a tangy Korean BBQ sauce over a superfood slaw blend.</i>	
COTTAGE PIE	17.99
<i>Served in our hand made large bread bowl, chunks of pot roast in gravy with veggies, topped with red skin mashed potatoes and melted cheddar cheese</i>	

KIDS MENU

GRILLED CHEESE	6.99
CHICKEN FINGERS	7.99
PASTA WITH MARINARA	6.99
FRIED OR GRILLED SHRIMP	6.99

SALADS AND SIDES

HOUSE SALAD	9.99
<i>Romaine lettuce, tomato, onion, cucumbers, croutons served with our house dressing.</i>	
Add Chicken 13.99	
GREEK SALAD	9.99
<i>House made rosemary dressing, romaine lettuce, cucumbers, tomato, red onion, sliced almonds, pepprtoncini and feta cheese</i>	
Add chicken 13.99	
CAESAR SALAD	9.99
<i>House made dressing, romaine lettuce, parmesan cheese and croutons</i>	
Add chicken 13.99	
WHERE APPLICABLE, ENTREES AND KIDS MEALS COME WITH FRIES OR HOUSE MADE CHIPS	
ADD ON SIDES	
BROCCOLI	2.00
MAC N CHEESE	2.00
MASHED POTATO	2.00
SIDE SALAD	2.00
SIDE GREEK SALAD	4.00